



FOR IMMEDIATE RELEASE

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NEWS RELEASE

**PNE AWARDS NOVEMBER 2006 MIRACLE MILE BURSARY TO LANGLEY'S
KRISTINA MACDONALD**

Vancouver, B.C. – Langley rower, Kristina Macdonald has been awarded the Pacific National Exhibition's November Miracle Mile Athlete Bursary,

Kristina, who first started rowing with the Simon Fraser University team in 2004, shows exemplary skills as a rower, community leader and team member. As president of the SFU rowing team, she has been able to increase the team's exposure through recruitment and public relations campaigns developed on her own accord and powered by dedicating any free time and energy to the team and it's betterment.

"Kristina takes initiative and uses every opportunity to become a better leader and member of the team," says Head Coach of the Simon Fraser Rowing Team, Allison Dobb. *"She leads by example and consciously tries to instill an atmosphere of team work and will to succeed."*

Kristina's goals for the future include rowing for Canada at the Senior National Team level and eventually representing Canada at the summer Olympics. She has already been identified by Rowing Canada as a stand out athlete and invited to a summer development camp for athletes with the potential to row for Canada's national team.

With accomplishments ranging from placing first on Team BC at the Canada Cup to being the top Canadian finisher in singles at last year's Royal Canadian Henley Regatta, Kristina's career in rowing has a very promising future.

"The Miracle Mile Bursary is intended to help young athletes like Kristina excel and grow in their chosen sport," says Michael McDaniel, President and CEO of the Pacific National Exhibition. *"Kristina has been selected for her dedication to the sport of rowing as well as her exceptional commitment to the SFU rowing community – she has given so much and now it is her turn to receive. We commend Kristina's drive, motivation and unwavering dedication."*

For more information on the PNE's Miracle Mile Bursary please visit www.pne.ca or call 604-251-7708.

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